



*President's Message*  
**Can Medical Astrology Aid  
in Discovering the  
Homeopathic Medicine?**

Few subjects are as controversial as medical astrology. When one considers that virtually all of ancient as well as some of the present day medical systems such as Ayurvedic, and other indigenous complementary and alternative systems use medical astrology, one should take a serious look at its potential. The famous psychiatrist **Carl Jung, MD** is well-known for his advocacy of its use in psychiatry.

Often spoken of as the first to really delineate the Law of Similars, **Paracelsus**, was a Swiss physician born in 1493. He was well-acquainted with medical astrology.

Most modern physicians who had/have a passion for medical astrology were/are also homeopaths. In the United States **H. L. Cornell, MD** was the author of "Astrology and the Diagnosis of Disease" in 1918. His *Magnum Opus, Encyclopedia of Medical Astrology* [958 pages] published in 1933, [now in its 3<sup>rd</sup> edition] is an essential book in this area.

**William M. Davidson, MD** was born in England and lived most of his life in the United States [primarily in Chicago]. He knew homeopathy well and gave a series of lectures in 1958 in New York. This series of eight dealt with "Medical Astrology and Health." He modernized the association of astrology with anatomy and physiology and was able to express it in relatively simple ways.

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2005

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The psychiatrist **Harry F. Darling, MD** was born in Massachusetts in 1919 and studied Dr. Davidson's work and found through years of practice that the relation of anatomy and physiology with astrology was correct. Dr Darling's book, *Essentials of Medical Astrology* was published in 1981. He also authored the book *Astropsychiatry*.

**Leon Vanier, MD** was a famous French physician who published in 1955 the book *Typology in Homoeopathy*. This book depicts physical and psychological types of people associated with the Sun and planets and relationships to Greco-Roman divinities. He states that this is not medical astrology.

However, the Greeks and Romans were well-known for the interest in astrology and its association with physical and psychological tendencies.

I have personally done natal [birth] charts at no charge on approximately 700 patients and have in the great majority of cases found definite relationships between the Sun, Moon and Ascendant with personality and physical types. [It is probably not advisable in this short article to give much detail on these astrological technical terms]. Many correspond closely to the types of Leon Vanier.

So how can medical astrology help in discovering the correct homeopathic medicine? Vanier's types are a good start, because they link various homeopathic medicines with the Sun and planets. Also the chart could more fully delineate the personality and its weaknesses which could aid one in seeing this in the mental and emotional picture of the remedy.

It should be clearly stated that my knowledge in medical astrology is not much at this time. It will take years of work and study. Nonetheless, there appears to be no doubt in my mind that it can be another tool in understanding the patient, which might further help in finding the homeopathic medicine as well as other possible medical approaches.

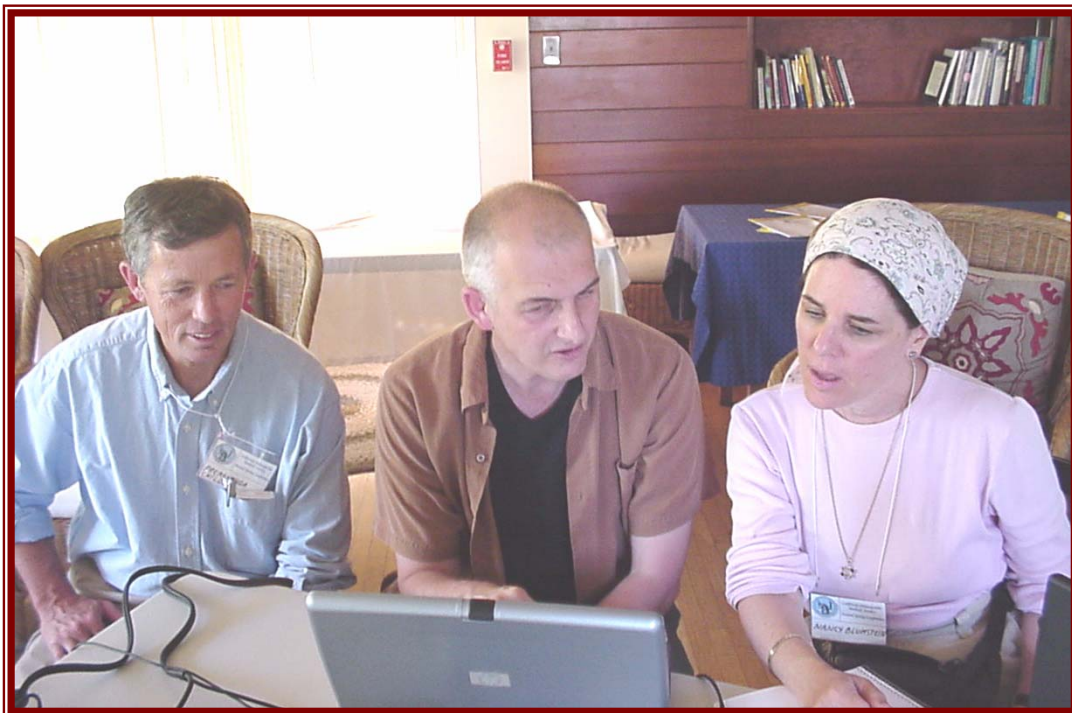
# The Annual CHMS Spring Conference in Ojai, California ∞ May 20-22, 2005

The annual CHMS Spring Conference was held in Ojai, California on May 20-22, 2005. The Ojai Retreat and Cultural Center was a majestic setting with beautiful sunny views of the Ojai Valley including mountains, avocado and orange orchards.

This article will touch on some highlights and the next CHMS publication will give a more in-depth series of articles.

The conference started on Friday May 20<sup>th</sup> with an Introductory workshop by **Premananda Childs**. A simultaneous workshop was done by **Richard Hiltner** on whether medical astrology can be an aid in discovering the homeopathic medicine. There was a variety of opinions on this with an introduction into the basics and followed by four cases.

On Saturday May 21<sup>st</sup> **Richard Pitt** gave some very important information on the roots of disease in children. He emphasized the necessity of finding the miasmatic cause both congenitally and also acquired. A number of excellent cases were discussed.



Left to right: Premananda Childs, Richard Pitt and Nancy Blumstein

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On Sunday May 22<sup>nd</sup> three speakers were presenting. **Ifeoma Ikenze** began with three cases dealing with mind and emotional disease patterns. Ifeoma had a wonderful, relaxing and penetrating approach to these patients with a great deal of insight.



**Ifeoma Ikenze**



**na Thakkar**

She was followed by **Sadhna Thakkar** who delineated an important medicine—*Bacillinum*. She felt that this medicine, which is often related to *Tuberculinum*, fits well into much of the picture of the 21<sup>st</sup> century the emotional and mental complex of humanity.

And finally, **Premananda Childs** delivered an excellent presentation on the Posology or dosage and frequency of giving homeopathic medicine. Premananda is well-versed in classic homeopathic literature, and was able to provide good foundation from the masters in homeopathy.

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The next publication of the CHMS  
NEWS will be changed in format and style .  
Look for it .

# Cancer Research with Homeopathy

Jacquelyn Wilson, MD is planning on taking a trip to Calcutta to visit the P. Banerji Clinic to investigate research on treatment of Lung Cancer. She will hopefully also travel with Joyce Frye, MD, the president of the American Institute of Homeopathy.

Wayne Jonas MD, a well-known North American researcher has also contacted the P. Banerji clinic to explore a study on lung cancer. He applied for a grant from the National Institute of Health [NIH], but was denied.

The University of Texas M. D. Anderson Cancer Center has already done a study with the Banerji Clinic on 12 cases of brain tumors with good results using Ruta Graveolens 6C and Calcarea Phosphorica 3X.

In conventional chemotherapy used to treat malignancies, cellular damage to normal cells, especially bone marrow cells, is especially challenging for the patient. Bone marrow cells that form blood are the first cells to be affected by chemotherapy. This makes finding alternatives, that are less (or non) damaging to normal cells while still getting rid of cancer cells, advantageous.

In 2003, at the University of Texas, MD Anderson Cancer Center, Foundation, Kolthata, India have been researching the use of Ruta 6 ( $10^{-12}$  concentration) and *Ruta 6C* in combination with *Calcarea Phosphorica 3X* {calcium phosphate [(Ca<sub>3</sub>PO<sub>4</sub>)]} which has demonstrated powerful antitumor activity in persons with brain cancer. *Ruta 6* by itself has been shown to provide protection against clastogenic (cellular breakdown) effects induced by radiation in adult albino mice, and also been effective in the treatment of cysticercosis.



## VISION

*Nothing happens unless first a thought*

# A Homeopathic Approach to the Adrenals

By  
Jasper Niemand

In Homeopathy or “Curing by Similars” the approach to adrenal malfunction always tries to consider the whole person: mind, psychological and physical aspects. This short paper will highlight some of the main homeopathic medicines associated with the adrenals. Since there are a variety of hormones in the adrenals, comments will be mentioned for each individual medicine. So with that said, let’s move on to some specific homeopathic medicines.

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**CORTICOTROPINUM** is Corticotrophin or ACTH [Adrenocorticotrophic hormone] which is from the anterior lobe of the pituitary gland and is well known in conventional medicine. In homeopathy it has been proved in 6c, 12c and 30c [c = 1/100 dilution; 6c =  $10^{-12}$ ] [Templeton. W.L., *The British Homoeopathic Journal*, 45:89-97, 1956]. The keynote picture was “...a specific effect on skin and a specific localization to the hands, especially the backs of the hands.”

J. O. Julian, MD states in his *Materia Medica of New Homeopathic Remedies* that the material doses of ACTH have the following functions:

- a) Stimulates the growth of the suprarenal glands.
- b) Stimulates the activity of the adrenal cortex and increases the sugar hormones.
- c) Alters the quantity of ascorbic acid in the adrenal glands.
- d) Reduces the level of eosinophil cells in the blood.

Corticotrophin stimulates the secretion of sugar hormones and androgens in the adrenal cortex; however, the stimulating hormone for pigmentation (M. S. H.), which is more or less linked to corticotrophin, stimulates the formation of melanose pigment directly.

The specific clinical indications for A. C. T. H. are pallor, with melanin pigmentation deficiency, and negative pigmentation test, caused by ultra-violet rays.

This is one of the principal signs of hypopituitarism.

Julian then delineates the various symptoms associated with the provings of Templeton which may well indicate the symptom picture for which homeopathy may be helpful.

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**Principal symptoms:**

Subject solitary, sad, timid.

Nominal aphasia (uses wrong words).

Momentary loss of voluntary movement; maintains a given position.

Epigastric constriction.

Splinter-like pain at the back of the throat.

Eyes painful, with increased intra-ocular pressure.

Pruritus and dryness of the skin.

Edema or adipose infiltration of the upper part of the body.

Sexual disorders.

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**Modalities**

**Aggravation**

From coughing; from walking; from standing; in the morning.

**Amelioration**

In the afternoon.

**Related remedies**

*Dioscorea villosa*

Desire for solitude.

Says or writes one word in mistake for another.

Abdominal colic ameliorated by leaning backwards.

*Cicuta*

Muscular spasms; opisthotonus; dilated pupils.

Cataleptic attitudes.

Yellowish scabs on the eyelids

**Rauwolfia**

Congestive condition, frontal headache spreading towards the occiput, constrictive thoracic pains, pain like gout, mental depression with apathy and irritability.

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**CORTISONUM** is Cortisone--a cortico-suprarenal hormone. James Stephenson, MD relates in *A Materia Medica and Repertory* that there were *Provings* by Templeton:

"the preparation used by us..... 30x..... 8 provers and 5 controls....."

- Templeton, W. L., THE BRITISH HOMOEOPATHIC JOURNAL, 45 : 89-97, 1956.

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Julian elaborates on the following Cortisonum picture:

**Principal symptoms**

Tendency to obesity, with retention of water.

Unstable mood, alternating between euphoria, melancholy, and excitement.

Loss of willpower.

Right frontal and orbital pain, aggravated by the heat in a room, by pressure, and in the afternoon.

Dryness of the nasal and pharyngeal mucous membranes, with coughing, and dry, sticky eyes.

Sacro-iliac pain, as if the back were about to break.

Skin discolored, vesicular eruption, dryness and cracking of the skin on the face and hands, with exfoliation of the nail beds.

**Related remedies**

*Sulfur*

Impatient, quarrelsome, has grandiose ideas, pain and burning eruptions.

*Psorinum*

Sad; periodic migraines; anxious; scabby, weeping eruptions; weakness of the back and limbs as if dislocated.

*Pulsatilla*

Changing, variable, weeps at the slightest trifle, alternation of smiles and tears. Erratic pains, dry cough, congestion of the veins.

**ADRENALINUM** is Adrenaline or Epinephrine which is a hormone taken from the medulla of the adrenal gland. It has a sympathomimetic action on adrenergic a and b receptors resulting in increased heart rate and contraction, vasoconstriction or vasodilation, relaxation of bronchiolar and intestinal smooth muscle while corresponding sphincters are stimulated, lipolysis, etc.

In H. C, Allen's *The Materia Medica of Some Important Nosodes* [1910] states that in 1904 Dr.V. L. Getman and six others proved Adrenalinum. George Vithoulkas relates in his *Materia Medica Viva* that

“ this remedy - when properly proved and understood - will, I believe, become one of our major assets in combating contemporary diseases such as hypertension, diabetes, paroxysmal tachycardia with anxiety, arteriosclerosis and in general diseases that have come about because of the stresses of contemporary life.”

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**BELLADONNA** is Deadly Nightshade--a well known homeopathic medicine which George Vitoulkas feels could be an important medicine for tumors of the adrenals, specifically, a pheochromocytoma.

“...The similarity of pheochromocytoma headaches and belladonna is striking. I quote from Harrison's Principles of Internal medicines: "Tumors that produce epinephrine predominantly are associated with prominent sweating, palpitations, nervousness, tremor, weight loss, pallor followed by flushing, heat intolerance, and rarely with hypotension.....Particular attention should be given to the three most common symptoms, headache, excessive sweating and palpitations, since at least one of these symptoms is almost always present. Headache is the most common. The headaches are abrupt in onset, severe, throbbing, generalized, and relatively short in duration..." We could not have a better description of belladonna headaches.”

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**NATRUM MURIATICUM** is Sodium Chloride or table salt. C.E Wheeler says in his *Introduction to the Principles of Homeopathy*:

“ Natrum muriaticum produces anemia and is a remedy for certain cases of it. Anemia of a chronic kind, where red corpuscles and hemoglobin are deficient without profound blood changes, is the most suitable form of the disease for the drug : the blood pressure is low, and when there is reason to regard ADRENAL secretion as diminished the symptom-complex often suggests nat. mur.”

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**SEPIA** is the Cuttlefish and is a major homeopathic medicine [or polychrest]. C.E Wheeler says in his *Introduction to the Principles of Homeopathy*:

“In both sexes the starting point of its action is the generative gland system, and it is the predominance of diseases of these organs among women that make them need sepia more often than men. It affects the body so profoundly that it is difficult to resist the thought that, besides its marked relation to the tissues of the genital organs, it modifies in some way the internal secretions of the main sexual glands and probably others (e.g., ADRENAL). But it must remain at present doubtful if its effects are to be attributed mainly to alteration of quality or quantity in this respect. Very possibly the latter, since interferences with the general balance of internal secretions can be pleaded as causes of some characteristic symptoms.”

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**ARGENTUM NITRICUM** is Silver Nitrate. When there is a suspicion of adrenal insufficiency, G. Vitoulkas considers the total symptom picture and tells the following:

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“There is general trembling and weakness. There is also a peculiar type of periodical weakness. The patient may be completely well and strong, but then, frequently at the time of the menses in women, a weakness overtakes her. The weakness may come with exact periodicity or at more irregular intervals. The severity of this debility can be so extreme that one may suspect adrenal insufficiency.”

C.E Wheeler [*Introduction to the Principles of Homeopathy*] relates the difference between the Silver, the metal, [*Argentum Metallicum*] and Silver Nitrate in the following:

“The relation of the metal to both gonads and the intellectual faculties and the nitrate to the adrenals and the emotion of fear are sufficiently interesting for speculation as to the correlation of drug action on the cortex and the endocrine glands.”

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**PLATINUM METALLICUM** is the metal Platinum. C E Wheeler [op cit] says that much of the mental and nervous symptoms associated with Platinum, *i.e.*, excessive self confidence and hypersexual tendencies, may be associated with its effect on the adrenals:

“Together with these mental and nervous symptoms, those which are most characteristic of platinum are symptoms referred to and affecting the sexual organs. Indeed, it is highly probable that the effects of the drug on the gonads and probably the adrenals are largely responsible for the mental symptoms.”

There is much more that could be said, but space does not permit. I hope that this information will be of some use to the reader. The material can be difficult to remember, but it will hopefully stimulate more investigation in an important area of medicine.

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PEACE

When the day is over and you have done your best...you should await the results in peace.

## “Non-physicians Eager to Pick Up Prescription Pad”

The *American Medical News* [an official organ of the American Medical Association] [Vol. 48, 5 -- 2/7/05] has the above title on its front page. It goes on to state:

“Non-physicians such as naturopaths and psychologists, having seen their colleagues in other states win the right to prescribe or otherwise expand their scope of practice, are expected to push hard for the same authority in more states in 2005. Meanwhile, organized medicine is getting ready to fight their efforts.”

The article states that naturopaths now are licensed in 13 states and plan obtaining licensure in 11 others with expanding their scope of practice in Washington and Alaska. California was the 13<sup>th</sup> state to ratify licensure for naturopathy.

“One of the forces propelling non-physicians is the deepening public acceptance of their trade. According to the latest Institute of Medicine report, ‘Complementary and Alternative Medicine by the American Public,’ one-third of U.S. adults use some form of alternative medicine, such as herbal remedies, acupuncture, and naturopathy. Total visits to these practitioners now exceed those to primary care physicians on an annual basis, and these patients spend more than \$27 billion a year out of their own pockets for this care.’

**....’Because California is considered a bellwether for health care trends, the American Assn. of Naturopathic Physicians hopes to duplicate what it achieved in California, particularly winning enough prescribing authority for NDs to be considered frontline health care practitioners.’**

‘Tara Levy, ND, one of the states first licensed naturopaths and president of the California Naturopathic Doctors Assn. is looking forward to the added freedom to order her own diagnostic tests and do a limited amount of prescribing.’

‘This will change my role as a doctor for some of my patients,’ she said. ‘Feel like I’ve been operating with one hand behind my back until now.’

‘The success of such non-physicians reflects rowing demand for health care that focuses on wellness, rather than only traditional therapies,’ she said, ‘and physicians should see this as an opportunity, not a threat.’

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A response was obtained to these ideas by Jack Lewin, MD, CEO of the California Medical Ass., which opposed licensing NDs, who stated:

‘...physicians facing similar legislative efforts should approach them without being defensive.’”

‘The plain and simple fact is that most patients, once they become fully aware of the difference between a physician and a naturopath, will ultimately choose physician care for most of their needs,’ he said”

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## PROBLEMS WITH NEW YORK NON-LICENSED HEALTH CARE PRACTITIONERS

*[Unlike the relatively easy victory for non-licensed health care practitioners in California which passed its straight forward Bill 577 to law in January 2003, New York is having all kinds of problems.*

*John Melnychuk was one of the key persons involved in the health care freedom movement in California and is also very much aware of the situation in New York. The following is a message he wishes to be published to outline his concerns and what can be done about them].*

**Dear Fellow Homeopath,**

**We are the Alliance for Homeopathic Integrity (AHI) and we ask you to join us in opposing the currently proposed registration bill in New York State (titled S6693/A10458 in 2004).**

**While the present legal status of homeopathy in NY State is clearly untenable, the currently proposed registration bill represents too grave a compromise to be actively supported by professional homeopaths. We find it unconscionable that if this bill were to become law, we would be required to register with the State and in doing so directly misrepresent homeopathy as being “non-medical in nature.” We would not even be able to use the word “health” in our literature or lectures when describing homeopathy. We could only call ourselves “natural and complementary practitioners.”**

**Already, we have been warned not to use the first aphorism of Hahnemann’s Organon in our websites. This denial of our professional legacy is abhorrent to us and is further complicated by the necessities born of registration such as advising our clients how to complain against us to the registrar. Because we would be subject to a ruling board without a representative board, we will not have any voice in the**

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functions and decisions that will affect our livelihoods and our individual reputations. There will be no controlling how the state chooses to enforce their rules over our profession. And, because registration would be mandatory, those who conscientiously refuse would be placed at a higher risk than they are now.

This does not sound like freedom to us.

The question we must all ask ourselves is this: Does this bill bring us closer to the truth of who we are and what we do? Or does it take us further away, towards a separation from our true identity? We believe this bill is not in keeping with our philosophy or our best interests.

Sincerely,

John Melnychuck, R.S.Hom (N.A.) C.C.H.  
3707 Lindero Drive  
Palo Alto, Ca 94306

Telephone (650) 213-8380



## Stinging Nettle Appears Helpful for Enlarged Prostate

*Family Practice News* [1/15/05] states that the Stinging Nettle, *Urtica dioica*, is quite popular especially in Europe for benign prostate enlargement [hyperplasia] [BPH] particularly when used with Saw Palmetto, *Sabal serrulata*.

The German Commission E, which was primarily relied upon for the US *Physicians Desk Reference* [PDR] for *Herbal Medicine*, has approved it for “the treatment of urinary symptoms associated with stage I and II BPH.”

### Clinical Studies:

“Several German randomized trials have evaluated stinging nettle root for BPH, reporting improvements in symptom scores and urinary flow, compared with placebo, {Ernst E. ‘the Desktop Guide to Complementary and Alternative Medicine.’ [London:Harcourt, 2001]}”

‘...One double-blind trial compared an urtica and sabal formulation with finasteride [Proscar] in 516 patients with stage I or II BPH....

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‘...Patients were seen at 6-week intervals. Variables evaluated included maximal urinary flow rate, voided volume and duration, time to flow rate increase, prostate volume, urinary symptoms on the International Prostate Symptom Score [IPSS] and quality of life score. Adverse effects also were noted.’

‘No statistically significant differences were seen for any of these parameters between patients who were treated with finasteride and those who were treated with the herbal preparations [Urologe A. 1997;36:327-33]. Those treated with finasteride, however, had more adverse events, including diminished ejaculation volume, erectile dysfunction and headache.’

‘The authors noted that the cost of herbal therapy for BPH is ‘substantially lower’ than that for finasteride.’



## **Acupuncture is Statistically Helpful for Osteoarthritis of the Knees**

Nancy Walsh of the New York Bureau reported in the *Family Practice News* [1/15/05] that a Phase III study on acupuncture for osteoarthritis [OA] of the knee funded by the National Center for Complementary and Alternative Medicine was statistically helpful. **Marc C. Hochberg, MD** [professor of medicine, University of Maryland, Baltimore] reported at the annual meeting of the American College of Rheumatology that the study included 570 patients.

**Sharon Kolasinski, MD**, Chief of Clinical Services in the Department of Rheumatology at the University of Pennsylvania, states:

“Certainly, this study strengthens the argument that it is reasonable to consider acupuncture among the adjunctive therapies available to us for management of osteoarthritis pain.”

# Upcoming Events

## May

•27-29 San Francisco, CA  
Richard Pitt, School of Homeopathy  
Devon (866) 424-8783, [betsy@homeopathyschool.com](mailto:betsy@homeopathyschool.com)  
[www.homeopathyschool.com](http://www.homeopathyschool.com)

## June

•3-6 Toronto, ON, Jonathan Shore, Bird Remedies  
(416) 604-0017, [Carolyn@TorontoHomeopathics.com](mailto:Carolyn@TorontoHomeopathics.com)  
[www.TorontoHomeopathics.com](http://www.TorontoHomeopathics.com)

•4-5 Longmont, CO. Luc De Schepper, OB/GYN: Women's issues and menopause, Renaissance Institute for Classical Homeopathy.  
(505) 982-9273 or (303) 588-9105.

•18-7/1 Bowie, MD, Christina Chambreau, DVM. Homeopathic Animal Care Summer School. (301) 262-6452, (708) 570-0806.  
[TimSaffell@USA.Net](mailto:TimSaffell@USA.Net)  
[www.HomeopathicAnimalCare.org](http://www.HomeopathicAnimalCare.org)

## July

•8-10 Calgary, Alberta, Canada. Janet Snowdon, School of Homeopathy Devon (416) 315-0748, Fax (905) 773-4426,  
[Christine@homeopathyschool.com](mailto:Christine@homeopathyschool.com)  
[www.homeopathyschool.com](http://www.homeopathyschool.com)

•15-21 Ithaca, NY. Janet Snowdon and Misha Norland, School of Homeopathy Devon. (866) 424-8783, [betsy@homeopathyschool.com](mailto:betsy@homeopathyschool.com)  
[www.homeopathyschool.com](http://www.homeopathyschool.com)

## August

•17-21 Albuquerque, NM. Luc de Schepper. Renaissance Institute of Classical Homeopathy. (505) 982-9273. [drluc@cybermesa.com](mailto:drluc@cybermesa.com)  
[www.drluc.com](http://www.drluc.com)

## September

• 16-18 Minneapolis, MN. Misha Norland, School of Homeopathy Devon  
(866) 424-8783, [betsy@homeopathschool.com](mailto:betsy@homeopathschool.com),  
[www.homeopathschool.com](http://www.homeopathschool.com)

## 2006

• APRIL 5-11, San Jose, CA.  
National Center for Homeopathy (NCH) and California Homeopathic Medical Society (CHMS) Conference  
National Center for Homeopathy (NCH) - (707) 548-7790,  
[info@homeopathic.org](mailto:info@homeopathic.org), [www.homeopathic.org](http://www.homeopathic.org)  
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## International - 2006

• OCTOBER 11-14, Lucerne, Switzerland  
LIGA- HOMEOPATHICA MEDICORUM INTERNATIONALIS  
(LIGA) Venue  
KKL, Europaplatz 1, CH-6005 Luzern,  
[www.kkl-lucerne.ch](http://www.kkl-lucerne.ch)

Travel to Lucerne by Air: Airport CH-Kloten (Zurich Airport)  
Travel to Lucerne by Rail: Direct connection to Lucerne from airport,  
approx. 1 ¼ hours.

### Exhibition

An industrial exhibition will be held in parallel with the Congress.  
For further information, contact the Congress Office:  
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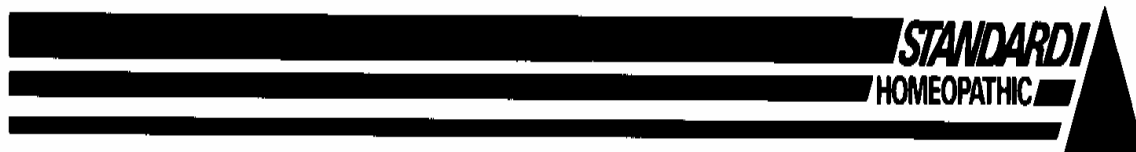
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